

Transformative Wellness Notice of Privacy Practices

Effective Date: 02/15/2022

At Transformative Wellness, we are committed to protecting your personal health information (PHI) in compliance with the Health Insurance Portability and Accountability Act (HIPAA) and California Consumer Privacy Act (CCPA). This Notice explains how we collect, use, disclose, and safeguard your health information, as well as your rights regarding your PHI.

1. Uses and Disclosures of Your Health Information

We may use and disclose your PHI for the following purposes, as permitted by law:

Treatment

We use your PHI to provide, coordinate, or manage your care. This includes sharing information with other healthcare providers involved in your care, such as specialists or pharmacies.

Payment

We may use and disclose your PHI to bill and collect payment for services rendered. This includes sharing information with insurance companies or third-party payers.

Healthcare Operations

We use your PHI for administrative and operational purposes, such as quality assurance, training, and compliance with regulatory requirements.

Legal and Public Health Requirements

We may disclose your PHI when required by law, such as for:

- Reporting communicable diseases or adverse reactions.
- Responding to subpoenas or court orders.
- Reporting suspected abuse, neglect, or domestic violence.

Business Associates

We may share your PHI with third-party vendors who perform services on our behalf, such as billing companies or IT providers. These entities are required to safeguard your information.

2. Your Rights Regarding Your Health Information

Access to Records

You have the right to inspect and obtain a copy of your medical records, subject to limited exceptions. Requests must be submitted in writing.

Request for Amendments

You may request corrections to your medical records if you believe they are inaccurate or incomplete.

Accounting of Disclosures

You can request a list of certain disclosures of your PHI made by Transformative Wellness, excluding those for treatment, payment, or healthcare operations.

Confidential Communications

You may request that we communicate with you through specific methods (e.g., only via email or at a specific address).

Restrictions on Disclosures

You may request restrictions on how we use or disclose your PHI. While we will consider your request, we are not required to agree unless the disclosure is for payment or healthcare operations, and you have paid out-of-pocket in full for the service.

Right to Opt-Out (CCPA)

If you are a California resident, you may request that we not share your data for marketing purposes or sell your information.

Right to Be Forgotten (CCPA)

You can request that we delete your personal information unless it is necessary for treatment, payment, or legal compliance.

3. Safeguards for Your Information

We use administrative, physical, and technical safeguards to protect your PHI from unauthorized access, use, or disclosure. Examples include:

- Secure storage of medical records.
- Encryption of digital communications.
- Staff training on privacy practices.

4. Complaints and Questions

If you believe your privacy rights have been violated, you may file a complaint with:

1. **Transformative Wellness:**
 - Phone: 858-444-0414
 - Email: info@transformativemedspa.com
 - Address: 969 Vale Terrace Drive, Suite B Vista, CA 92084
2. **Office for Civil Rights (OCR):**
 - U.S. Department of Health and Human Services
 - Website: <https://www.hhs.gov/hipaa/filing-a-complaint>

You will not face retaliation for filing a complaint.

5. Updates to This Notice

We reserve the right to change this Notice of Privacy Practices at any time. Updates will apply to all PHI we maintain, including information collected prior to the changes. The updated Notice will be available on our website and upon request at our office.

Contact Information

If you have any questions about this Notice, please contact us at:

- Phone: 858-444-0414
 - Email: info@transformativemedspa.com
 - Address: 969 Vale Terrace Drive, Suite B Vista, CA 92084
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Additions for California Compliance (CCPA)

In addition to HIPAA requirements, California residents are entitled to:

1. **A copy of personal data collected about you.**
 2. **The right to opt out of the sale of personal data.**
 3. **The right to request deletion of your data, with certain exceptions.**
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